



## INSTITUTE OF THE GREAT OUTDOORS

Cleveland Metroparks  
Institute of the Great Outdoors  
11350 Broadway Avenue  
Garfield Heights, Ohio 44125

Phone: 216-341-1704  
Fax: 216-341-8528  
Email :igo@clevelandmetroparks.com

### *Plan Ahead By Learning a New Skill*

It's time to start planning ahead for those summer trips. Some trips have prerequisite skill levels that you can start working on now. Others have some recommended skills. Just think how your family will be impressed with the gourmet dinner you prepare during your camping weekend after you have taken the "Art & Craft of Campstove Cooking". Or how impressed they will be when you secure your boat with properly tied bowline. Or did the brake on your bike squeak through most of last season and you're not looking forward to the repair bill? Come learn how to take care of this yourself.

IGO not only will take you an excursion lasting from an afternoon to a week, but we will teach you the skills so that you feel more comfortable going out on your own. Remember if you take any class with IGO you will receive a discount on all other classes or trips for one year!

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#### **IGO Staff**

##### **To Be Announced**

Outdoor Recreation Manager

##### **April Kosior**

Outdoor Adaptive Rec. Spec.  
amk@clevelandmetroparks.com

##### **Toni Moore**

IGO Secretary

## IGO PROGRAM DETAILS

### Stacey's Choices:

If you were looking to try a new fun way to spend some time outdoors, then photography and fly fishing are my recommendations. I personally have taken both of these classes from these instructors and can highly recommend them. If I had only been able to figure out a way to hold both my camera and fishing rod at the same time, everything would have been perfect. And certainly bring your camera along, because you will absolutely see several species of trout on your fishing day!



### **Nature Photography I: Focus on the Basics**

**Ages: 16 and older**

**Activity Level: Easy**

**Fee: \$70**

Learn the fundamentals of nature photography (creative composition, proper exposure, lighting conditions) and ways to apply these techniques to improve your skill and obtain consistently good images. The course combines classroom instructions with a outdoor session to put the concepts into practice.

You need to provide your own digital or film camera (SLR preferred—with adjustable shutter speeds and f stops). A working knowledge of your own equipment is a must. Bring your camera and owners manual to the first class.

Dates :

Times:

Location:

### **Introduction to Fly Fishing**

**Ages: Adults**

**Fee: \$150**

**Activity Level: Easy**

This two-part class will take you from choosing equipment, setting it up, casting, fish identification to reading a river. You can bring your own equipment or you can use ours. Learn new skills in the classroom then test them out with a day at Sunnybrook Trout Fishing Club. Lunch and equipment rental included.

**Dates:**

**Location:**

**Time:**

**Code / Instructor**

**May 30**

**GPNC**

**6-9 p.m.**

**FFS-104 / Grake**

**June 2**

**Sunnybrook Trout Club 8am-4pm**

**IGO PROGRAMS**

Mar 3 & 4	Wilderness First Aid	Look About Lodge	\$195
Mar 6 & 13	Advanced Bicycle Maintenance	GPNC	\$45
Mar 7 & 14	Art & Craft of Camp Cooking	GPNC	\$25
Mar 12	Knots of the Outdoors Person	GPNC	\$25
Mar 10	Paddlestrokes I	Mayfield	\$49
Mar 24	Paddlestrokes I	Mayfield	\$49
April 14	Kayak Beaver Creek	GPNC	\$45
April 14	Fishing for Youth	Shadow Lake	\$5
April 21	Fishing for Youth	Wallace Lake	\$5
April 21-22	Women's Backpacking	CVNP	\$50
April 23	Eagle Creek Day Adventure	Look About Lodge	\$40
April 25 & 28	Camp Cooking II	GPNC	\$25
May 4	Magee Marsh Birding Adventure	GPNC	\$40
May 5	Paddlestrokes I	Lakewood	\$49
May 5&6	Advanced Wilderness First Aid	Look About Lodge	\$195
May 7	Magee Marsh Birding Adventure	GPNC	\$40
May 9	Magee Marsh Birding Adventure	GPNC	\$40
May 9	Cycling RIDES	Rocky River	Free
May 12	Paddlestrokes II	Lakewood	\$49
May 19	Land Navigation	Mill Stream Run	\$15

***To register for any IGO program,***

***call 216-341-1704***

***M-F 8:30am-4:30pm***

For a Full Course  
schedule & catalog,

go to

**[www.clemetparks.com](http://www.clemetparks.com)**

And visit the IGO page.

# Escapes to Nature!

## Magee Marsh Birding Adventure

**Ages: Adult; Activity level: Easy to Moderate**

**Fee: \$40. Includes transportation, leadership, lunch, snacks and field guide.**

This popular bird migration stop-over is one of the hottest spots to watch birds in North America. Bring your binoculars and birding spirit and we will take care of the transportation and lunch. Whether you are just learning the birds or are seasoned birder - this day of winged wonders is sure to delight. We will also pick people up at a West side location (Columbia Road RTA park and ride- off of 90)

**Registration begins April 2 (9:00 a.m. – 4:30 p.m.)**

**Date; Time; Location; Instructors**

**Trip A: May 4; 6a.m.-5p.m.; Meet at GPNC; Weirich/Krynak**

**Trip B: May 7; 6a.m.-5p.m.; Meet at GPNC; Weirich/Krynak**

**Trip C: May 9; 6a.m.-5p.m.; Meet at GPNC;  
Weirich/Krynak**

**Trip Leaders: Wendy Weirich & Tim Krynak**



## Eagle Creek Day Adventure

**Ages: Adult; Activity level: Easy to Moderate**

**Fee: \$40 (transportation, leadership, lunch and snacks)**

Join Naturalist Wendy Weirich for a day at Eagle Creek State Nature Preserve. This small preserve is loaded with spring ephemeral

flowers trying to get energy from the sun and get pollinated before the leaves come out on the trees. There are acres and acres of trillium, which you MUST see to believe.

**Registration begins April 9 (9:00am-4:30pm) at 216-341-1704**

**Date; Time; Location; Instructor**

**April 23; 6 a.m.-5 p.m.; Meet at Look About Lodge;**

**Trip Leader: Wendy Weirich**

## ESCAPE TO NATURE PROGRAMS & EXTENDED TRIPS

### **Canada's Bruce Peninsula: Plants, Birds, and Geology**

**Ages: Adult**

**Activity Level: Moderate to Advanced**

**Fee: Approximately \$750**

Discover the rich variety of plants, including over 20 species of orchids, found on this scenic peninsula that separates the main body of Lake Huron from the famed Georgian Bay. Many species of migratory birds will be busy building nests and singing on their territories as we hike along the trails. The geology of the peninsula varies from west to east. The west side is flat with many fens (alkaline wetlands) that contain many rare plants like the insectivorous sundews and butterwort. Boggy areas (acidic wetlands) contain the insectivorous pitcher plants, sheep laurel, and cranberry. Both areas contain orchids and numerous other flowering plants and ferns. Prairie plants are also found like the colorful wood lily. The east side of the peninsula is dominated by a long limestone ridge known as the Niagara escarpment. Here cliffs soar above the Georgian Bay's clear turquoise waters. In places large caves occur and erosional rock formations resembling flowerpots. We will journey to Flowerpot Island for an excursion on the Georgian Bay to view flowerpots and the rare calypso orchid.

**Pre-trip dates: May 7:00-9:00 p.m.; GPNC**

**Trip Dates: June 3-9**

**Trip Leaders: Dave Dvorak and Stacey Allen**

### **Sneak Peak!**

#### **Ohio's Hanging Prairies at the Edge of Appalachia: ESC-209**

Visit the edge of Appalachia located in the rolling hills of Adams County and enjoy scenic vistas of prairie openings and oak forested hills. We will make beautiful Woodland Alters Retreat Center our home base from which we will explore the wonders of southwest Ohio. Numerous rare plants and animals live in the State Nature Preserves and Nature Conservancy holdings we will hike through. Adams County is located along the western edge of the Allegheny Plateau and is the only area in Ohio where the escarpment front is un-glaciated.

**Pre-trip: August 23; 7:00 – 8:30pm; Look About Lodge**

**Trip: Sept 14-16, 2007. Woodland Altars, Peebles, Ohio.**

**Ages: Adult (18 years old and up)**

**Program fee: \$225 includes 2 nights lodging, on-site transportation and program leadership**

**Trip Leaders: Wendy Weirich & Dave Dvorak.**

*To register for any IGO program, call 216-341-1704*

*M-F 8:30am-4:30pm*

## ESCAPE TO NATURE PROGRAMS & EXTENDED TRIPS

### PLANNING AHEAD – TENTATIVE 2007

#### ESCAPE TO NATURE PROGRAMS AND EXTENDED TRIPS

(For specific dates, keep your eyes open for coming IGO schedules.

Trip fact sheets will be available soon. )

Eagle Creek Day Trip	April, 2007
Magee Marsh Birding Day-Trips	May, 2007
ACA Canoe & Kayak Instructor Certification Workshops	May, 2007
Orchids of the Bruce Peninsula	June, 2007
Boundary Waters Canoe Area Wilderness Canoe Adventure	<b>Full</b>
ACA Adaptive Paddling Workshop	June, 2007
Cloud Forests of Ecuador	<b>3 Spots Left</b>
Hanging Prairies of Southern Ohio	September, 2007
Birding Southern California Coast	September, 2007
Escape to the Past on the Underground Railroad	October, 2007



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